



Program Features:

Individualised services

We take an individualised approach to understanding your needs and identifying age-appropriate services.

Single point of contact

Each Systems Coordinator remains the single point of contact with you throughout your time in the program.

You can call your Systems Coordinator directly to speak with them regularly.

Easy and simple referral

We work with people who are not NDIS participants, or who are yet to test their eligibility. Involvement in the program is voluntary and access is free.

Helping where we can

If we are unable to assist, we will help you to connect to the right people and services.

National reach

We have experienced staff with expertise in complex case management that are available in each state and territory

The Younger People in Residential Aged Care (YPIRAC) System Coordinator Program is a national initiative funded by the Australian Government and operated by Ability First Australia.

We aim to give you greater choice and control in understanding your options of where you would like to live and what age-appropriate supports you need.

With your consent or your guardian, our team works together with you and government, local community and service providers to help explore alternate home and support care options to avoid entry to permanent residential aged care.

Who do we work with?

The program works with people under 65 years in hospital or living in the community who are at risk of entering permanent residential aged care.

To make a referral for those at risk.

You are able to refer yourself to our program. Alternatively, the My Aged Care Contact Centre is responsible for referring younger people at risk of entering residential aged care to our program if they are not an NDIS participant, or they have not yet tested their eligibility.

We also take general enquires from allied health professionals, hospital staff, GPs and community service providers.

The program complements the work of the NDIA to ensure all younger people, irrespective of their NDIS status, have the support they need to explore all age-appropriate options.

For more information about the program call Ability First Australia on 1800 771 663 or email enquiries@abilityfirstpirac.org.au

Younger people at risk of entering residential aged care

If you are not an NDIS participant

If you are under 65 and are at risk of entering permanent residential aged care, contact our team at Ability First Australia (AFA) on:

1800 771 663



NDIS Eligibility

With your consent, our team can assist you to test your NDIS eligibility, if appropriate.

If you become eligible for the NDIS, an NDIA officer will assist you from then onwards.



Exploring your options

Our team will work collaboratively with government, local community, and service providers to help you explore any available alternate home and support care options in your preferred location.



Sustainable home and care options

If sustainable home and care support options are secured, our team will help you to transition.



Sustainable home and care options not identified or declined

If alternatives to residential aged care cannot be found, our team will provide you with the 'AFA Summary Report: Younger people at Risk of Entering Residential Aged Care.'

This report will be provided to My Aged Care (MAC) Contact Team.



My Aged Care and ACAT Assessment

Based on the information you provide; MAC will screen to see if you are suitable for an aged care assessment.

ACAT will determine (according to the Aged Care Act) if you are eligible for aged care services and the types of services that may be appropriate.